

# Say It Better with Toastmasters

## Chamber Speakers Circle Toastmasters

Welcome to the Chamber Speakers Circle Toastmasters. Coming to a meeting is the best way to learn how Toastmasters can help you improve your communication and leadership skills. People join for many reasons, but are surprised to learn that it helps them in many aspects of their life. By attending your first meeting you are one step closer to becoming a more vibrant and confident speaker.

The Chamber Speakers Circle Toastmasters was founded in 2003 by the San Mateo Area Chamber of Commerce. Club membership started with a small group of people interested in improving their public speaking and leadership skills. Through the dedication of the original membership the club has grown to over 27 members in two years.

Toastmasters offers the direction and guidance to improve your speaking skills in a positive and supportive environment. Whether you are giving the toast for your best friend's wedding or a presentation at work Toastmasters will certainly give you the skills to deliver your speech with passion, conviction and confidence!

## Benefits of Toastmasters

- Speak with Confidence
- Overcome Nervousness Speaking before a Group
- Communicate with Conviction and Passion
- Think On Your Feet & Give Impromptu Speeches
- Opportunities to Develop Leadership Skills
- Better Speaking Skills Lead to Promotions
- Progress at Your Own Pace
- Build Your Professional Network
- Receive Feedback in a Supportive Environment

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CHAMBER SPEAKERS CIRCLE  
TOASTMASTERS

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